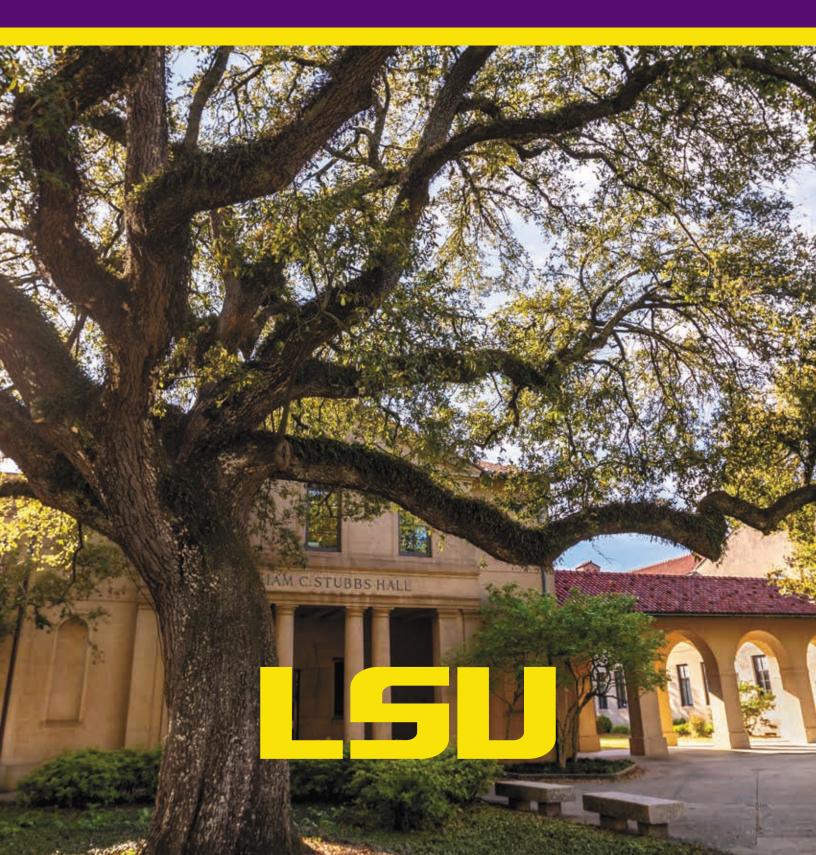
GUIDE FOR NEW TIGER FAMILIES



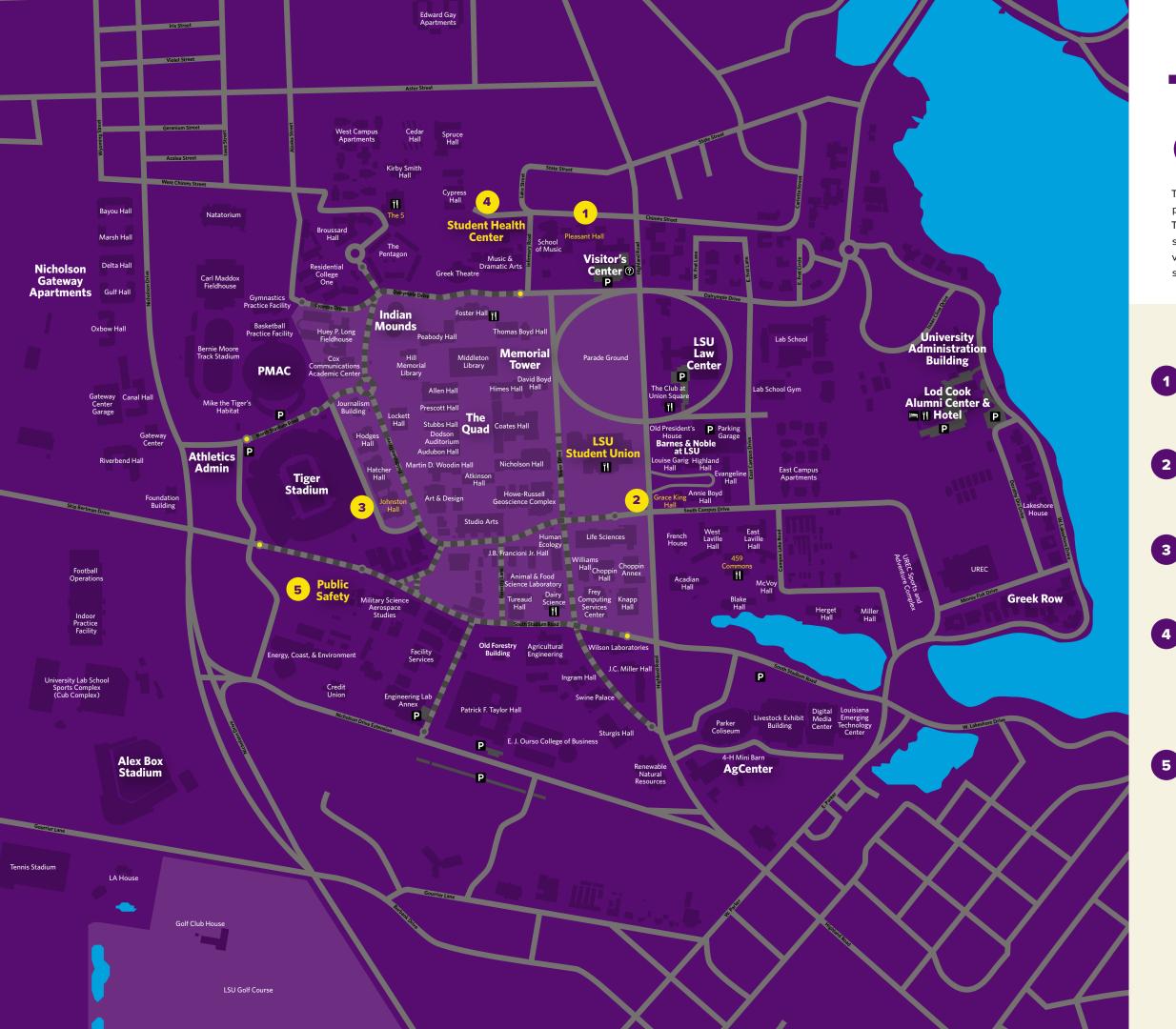
MELCOME HELSUFA

Someone you love is a Tiger now, which makes you part of the Tiger family too!

Just like you, we will be there to support your student, whose intellect will grow in remarkable ways at LSU, as well as support him or her through any challenges along the way.

During Orientation, you will receive a great deal of information about resources that will be valuable throughout your student's time here. This will be his or her home away from home—and we hope you'll be involved in our resources for families too.

Should you have questions, please don't hesitate to contact us by phone at 225-578-1173 or email at Isufamily@Isu.edu.



THE LSU CAMPUS

The core of LSU's campus is closed to most vehicles, making it a safer, pedestrian-friendly, and bike-friendly campus for students. The LSU Tiger Trails Transit System provides a convenient, free bus service for LSU students, faculty, staff, and visitors. You can track buses in real time by visiting Isu.transloc.com and/or by downloading the LSU app for your smartphone.

KEY CAMPUS LOCATIONS



Financial Aid

Staff members are available to answer any questions you may have about the FAFSA, scholarships, or other financial aid programs.



Residential Life

If you have questions or need information about living on campus, our Residential Life staff will be happy to talk to you

3

Disability Services

Stop here if you have a permanent or temporary disability that requires accommodations.

4

Student Health Center

The Student Health Center offers medical and health promotion services. If you are a full-time student, the Student Health Fee you pay each semester covers your visits. Part-time students also have the option of paying the fee. You may also submit immunization records at this location.

Campus Police

The LSU Police Department operates 24 hours a day to enhance the safety and security of the campus. You can contact the LSUPD by calling 225-578-3231 or dialing 911.

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This guide is to help familiarize you and your family with the LSU campus and its policies. We encourage you to use it in conjunction with the online parent and family resources page, **lsu.edu/family**.

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WELCOME FROM THE INTERIM PRESIDENT

YOUR TIGER IS NO. 1

At LSU, our talented faculty and staff members are devoted to the well-being and success of every student in our Tiger family. Providing a comprehensive support system for our students—with special attention on those who are entering their first year—is a top priority. From academics and finances to health care and career development, we strive to ensure our students have all the resources they need to achieve everything they set out to accomplish at LSU.

I encourage you to explore the many programs and services we offer, both for students and their family members. There are many ways for you to stay connected and involved with LSU as your loved one is on our campus, and I hope you'll be an active member of our family.

The Tiger family is an inclusive, caring, and compassionate community of students, faculty, staff, and alumni who are committed to supporting one another in every possible way. I'm thrilled that you've joined us, and I can't wait to celebrate the many successes that await us in the future.

THOMAS C. GALLIGAN

LSU Interim President



LSU 1001: INTRO TO TIGER LIFE

TIGER TERMINOLOGY

There are a lot of acronyms, program names, and phrases used at LSU that might take a while to get used to. Here are a few terms to get you started:

myLSU

Our online portal for students is called myLSU (**my.Isu.edu**). Every student has a myLSU account through which they can schedule classes. Your student received a myLSU login and password after applying. For help retrieving any login credentials, have him or her contact the LSU ITS Service Desk at 225-578-3375 or **servicedesk@lsu.edu**.

myProxy

Students can give their parents/guardians access to view fee bills and/or grades through the myProxy application. When creating a myProxy account, you will be prompted to create a community LSU ID, which will then allow you to request access from your student. For more information on myProxy, you may access the LSU GROK Knowledge Base at **Isu.edu/grok** and type "myProxy" in the search field.

TigerCASH

TigerCASH is a debit card system that your student accesses with his or her Tiger Card (LSU ID) to provide a fast, safe, and convenient way to make purchases on and off campus. They can make deposits easily at one of four Value Transfer Station machine locations campus-wide or by the TigerCASH website. Students will enjoy convenient purchasing power at more than 300 locations throughout Baton Rouge without carrying cash. Visit **Isu.edu/tigercash** to learn more.

Paw Points

LSU Dining's flexible meal plans offer a combination of meals, which are served in dining halls, and Paw Points, which can be used like cash at any of the LSU Dining locations around campus, such as Chick-fil-A, On-The-Geaux, and CC's Coffee Shop. Visit **Isu.edu/dining** for a complete list of LSU Dining locations.

COMPLETING REGISTRATION

Each semester, your student will need to register for classes and then complete registration by paying the fee bill. Here are some things to remember as you get accustomed to the process.

Fee Bill Information

A fee bill will be available through your student's myLSU account prior to the start of the semester. Students may use a bank draft or a credit card to pay their fee bill balance through myLSU, under "Registration Services," then "Fee Bill." If the balance due is zero, students must click the "Complete Registration" button in the "Fee Bill" application. Payments must be received by the due date shown on the fee bill to complete registration and solidify your student's course schedule.

The timeline for when students are eligible to enroll for the next semester can be found in the schedule booklet at **lsu.edu/registrar**.

Registration "Holds"

The university may place a registration "hold" on a student's account that prevents them from scheduling courses or altering their class schedule. If a hold is placed on a student's account, instructions on how to remove the hold will appear on the "Schedule Request" section of their myLSU account.

Additional Services

Before utilizing some services offered by the university, students must register for them through myLSU. Additional services offered to students include LSU Dining meal plans, parking permits, TigerCASH, and health insurance. Additional services must be selected before online fee bills are generated so that they appear on your billing statement.



FREQUENTLY ASKED QUESTIONS

You probably have lots of questions, and that can be overwhelming. But don't worry, because we're here to guide you. If there's something you would like to know that isn't addressed in this brochure, feel free to contact us at 225-578-1173. In the meantime, here are answers to some of the questions we get most often.



"There's no better place to get an education than LSU. Our university has a rich tradition of taking care of its students. I can assure you that they will receive an exceptional education that will make them as competitive as anyone from any school in the country."

TOMMY KARAM SENIOR INSTRUCTOR, DEPARTMENT OF MARKETING

How are students classified?

The number of semester hours of credit earned determines a student's year classification, as follows:

Freshman • fewer than 30 hours

Sophomore • at least 30, but fewer than 60

Junior • at least 60, but fewer than 92

Senior • 92 or more

Exception • A student in a five-year program with at least 60, but fewer than 136 hours, is a junior; with 136 or more, a senior.

Undergraduate students are also classified as full-time or parttime in accordance with the following provisions: students who carry 12 or more hours of resident credit in a regular semester or six or more hours in a summer term are considered full-time; students are classified as part-time if they schedule or drop to fewer than 12 hours of course work in a semester or fewer than six hours in a summer term.

How do students make changes to their class schedule?

Students are able to register for courses based on the calendar dates set by the University Registrar. Students must log in to their myLSU account to add, change, or drop courses. This is available under Registration Services > Schedule Request. Firstyear students cannot make changes to their class schedules until after they attend orientation. Advisors are available to assist with all scheduling needs.

Where do I find course listings online?

Course listings and other important information can be found in the online General Catalog at catalog.lsu.edu.

What happens if my student needs to request an incomplete grade?

Work that is incomplete, because of circumstances beyond the student's control, may be marked "I" (incomplete) with permission from a dean's office representative. It is typically the responsibility of the student to initiate the request for the academic dean's authorization. An "I" grade will allow a student additional time to complete work missed due to the externating and documented circumstance but does not guarantee a passing grade in the course. It is the student's responsibility to contact the instructor to discuss his or her academic status in the class. If the "I" grade request is approved, the student and the instructor will then create a timeline for completing all outstanding course work.

What is LSU's attendance policy?

If something unexpected occurs, such as an extended illness, an injury, or a death in the family, the student should communicate with their professors the reason for their absence. Each situation will be handled on a case-by-case basis between the student and the faculty member.

How does my student drop a class without getting a "withdrawal" designation?

Your student may mention wanting to withdraw from a class during the semester. There are specific dates that classes can be dropped with and without receiving a "W" grade and a deadline when students are no longer able to drop a class. All students should meet with their academic advisor and financial aid counselor to understand the full ramifications of dropping a class and/or withdrawing from LSU. Deadlines for when students may drop courses without receiving a grade of "W" are available on the University Registrar's academic calendar at Isu.edu/academiccalendar.

How does the plus/minus grading system work?

Beginning in fall 2015, LSU's grading scale evolved to encompass plus/minus grades. This is consistent with current standards in the majority of LSU peer universities and provides greater resolution in the assignment of student letter grades to accurately reflect the student's overall performance in a course. The use of +/- grading is required for all undergraduate, graduate, and professional courses for which a letter grade (A, B, C, D) is assigned at LSU. The letter grade F will not include a +/- designation.

How are GPAs calculated?

To calculate a grade point average (GPA), the total number of guality points a student earned across all courses are divided by the total number of credit hours the student was enrolled in.

Is it okay that my student is coming into LSU as an undeclared major?

Yes. An academic advisor in the Center for Freshman Year or your student's senior college (if it has direct admission) can help your student determine which major may be right for him or her. Undeclared students will be sorted according to their interests into one of three categories: arts and humanities, science and engineering, or social sciences. Students are expected to declare a specific degree program no later than the end of the second semester of enrollment.

Will I receive grades or progress reports?

When your student was in high school, you could easily access their grades, progress reports, absentee record, and much more. Due to FERPA (The Family Educational Rights and Privacy Act), you no longer have access to your student's educational record without their express written consent on file with the Registrar's Office. This means you won't receive a progress report or final grades, so it's important to keep an open relationship with your student to check on their academic progress. See the "myProxy" information on page 8 to learn about accessing your student's grades.

What is required for my student to make the Dean's List or President's Honor Roll?

The Dean's List and President's Honor Roll are compiled each semester. Undergraduate students enrolled in at least 15 credit hours who earned grade point averages of 4.0 or higher during the semester are listed on the President's Honor Roll. Undergraduate students who earned grade point averages of 3.5 to 3.99 in at least 15 credit hours are listed on the Dean's List.

What does my student need to do to araduate on time?

To graduate in four years, a student should complete at least 15 hours per semester and plan on attending at least one summer term. Encourage your student to take advantage of the many resources available on campus that facilitate success.



ADVISING

During orientation your student will meet with an academic advisor prior to making their fall schedule. Moving forward, it is your student's responsibility to meet with an academic advisor before scheduling each semester. Please encourage your student to make an appointment with their appropriate advisor well in advance of scheduling so they are prepared when their scheduling priority arrives.

University College Center for Freshman Year

The University College Center for Freshman Year (UCFY) is the academic home for most first-year students and some transfer and re-entry students. All new students, with the exception of those pursuing majors in the Colleges of Agriculture, Art & Design, or Music & Dramatic Arts, will begin their academic careers in University College. Students can schedule an appointment with their academic advisor directly through the Navigate Student mobile app. They can also contact the department with additional questions at 225-578-6822 or ucfy@lsu.edu.

Senior Colleges

LSU has 10 degree-granting senior colleges. Each college has its own rules, regulations, and requirements, and each is responsible for advising students and registration activities. Students will need to meet the admission requirements for their respective college in order to exit the Center for Freshman Year. This typically occurs after their first year at LSU.

ACADEMIC PROGRAMS

With 330 academic programs, LSU has a program for your student!

Visit Isu.edu/majors to learn more about all of LSU's majors, minors, and concentrations.

COLLEGE OF AGRICULTURE coa.lsu.edu

Agricultural Business Agribusiness Finance Food Industry Management International Business **Rural Development**

Agriculture and Extension Education Extension and Non-Formal Education Teaching in Formal Education

Animal Sciences

Animal Sciences **Animal Production** Animal Products Processing Pre-Veterinary Medicine-Animal Sciences

Science and Technology— Animal Sciences

Environmental Analysis and **Risk Management Policy Analysis** Resource Conservation

Natural Resource Ecology and Management

Conservation Biology Ecological Restoration Fisheries and Aquaculture Forest Enterprise Forest Resource Management Pre-Veterinary Medicine-

Wildlife and Fisheries

Watershed Science Wetland Science Wildlife Ecology Wildlife Habitat Conservation

Nutrition and Food Sciences

Dietetics Food Science and Technology Nutrition, Health, and Society Nutritional Sciences/Pre-Medicine

Plant and Soil Systems

Agricultural Pest Management/ Entomology Agricultural Pest Management/ Plant Pathology **Crop Science** Horticulture Science Soil Science

Apparel Design Merchandising **Textile Science**

Art Art History Digital Art Graphic Design

Environmental Management Systems

Landscape Architecture

BUSINESS

Economics **Empirical Economic Analysis**

Entrepreneurship

Finance

Sciences

Management Human Resource Management International Management Strategic Leadership

Marketing

Professional Sales

Sustainable Production Systems Turf and Landscape Management Urban Entomology

Textiles, Apparel, and Merchandising

COLLEGE OF ART & DESIGN

design.lsu.edu

Architecture

Studio Art—Ceramics Studio Art—Painting and Drawing Studio Art—Photography Studio Art—Printmaking Studio Art—Sculpture

Interior Design

E. J. OURSO COLLEGE OF

business.lsu.edu

Accounting

General Business

Information Systems and Decision

International Trade and Finance Empirical Economic Analysis

Digital Marketing

COLLEGE OF THE COAST & ENVIRONMENT

lsu.edu/cce

Coastal Environmental Science Applied Coastal Environmental Science **Environmental Public Health**

(3+2 Program) **Environmental Science and Research**

COLLEGE OF ENGINEERING

eng.lsu.edu

Biological Engineering

Chemical Engineering

Biomolecular Environmental Materials

Civil Engineering

Computer Engineering

Computer Science

Cloud Computing and Networking Computer Science and Second Discipline Cybersecurity Data Science and Analytics Software Engineering

Construction Management

Electrical Engineering

Environmental Engineering

Industrial Engineering

Mechanical Engineering

Petroleum Engineering

COLLEGE OF HUMAN SCIENCES & EDUCATION

chse.lsu.edu

Athletic Training

Child and Family Studies

Dual Certification General/Special Education: Grades 1-5

Early Childhood Education

Elementary Grades Education



4-vear Teacher Certification 5-year Certification with Master's Degree (Holmes Program)

Leadership and Human Resource Development

Learning Experience Design & Innovation

Kinesiology

Fitness Studies Health and Physical Education **Teacher Certification** Human Movement Science Physical Activity and Health Social Work

Sport Administration Sport Commerce Sport Leadership

COLLEGE OF HUMANITIES &

SOCIAL SCIENCES

hss.lsu.edu

Anthropology

Communication Disorders

Communication Studies

Economics Empirical Economic Analysis

English Creative Writing Literature Secondary Education Rhetoric, Writing, and Culture

French Secondary Education

Geography, B.A. **Disaster Science and Management Environmental Studies Geographic Information Science**

Geography, B.S. Climatology **Disaster Science and Management** Geographic Information Science

History Secondary Education

Interdisciplinary Studies Individualized Studies **Organizational Dynamics** Public Policy Advocacy Urban and Regional Planning

International Studies

Africa Asia **Environment and Development** Europe **Global Cultures** Global Diplomacy **Global Studies** Latin America and Caribbean Middle East and North Africa

Liberal Arts African and African American Studies **Classical Civilization Religious Studies** Women's and Gender Studies

Philosophy Law, Ethics, and Social Justice

Political Science

American Government and Politics Campaigns and Elections **Comparative Government** and Politics International Politics and Law Law and Legal Systems Political Analysis Political Theory Public Policy **Race and Politics**

Psychology

Screen Arts History, Theory, and Criticism Production Screenwriting

Sociology Criminology

Spanish Secondary Education

MANSHIP SCHOOL OF MASS COMMUNICATION

manship.lsu.edu

Mass Communication Digital Advertising Journalism **Political Communication** Public Relations Pre-Law 3+3 Digital Advertising Pre-Law 3+3 Journalism Pre-Law 3+3 Political Communication Pre-Law 3+3 Public Relations

COLLEGE OF MUSIC & DRAMATIC ARTS

cmda.lsu.edu

Music, B.A.

Academic Studies Arts Administration **Church Music** Experimental Music and Digital Media Intradisciplinary Music Jazz Theatre

Music, B.M.

Brass Composition Organ Percussion Piano Pedagogy Piano Performance String Voice Woodwind

Music, B.M.E. Instrumental Vocal

Theatre Arts Administration Design/Technology Film and Television Performance Physical Theatre **Theatre Studies**

COLLEGE OF SCIENCE

science.lsu.edu

Biochemistry

Biological Sciences Marine Biology Secondary Education

Chemistry

Biological Chemistry Chemical Physics Chemistry Chemistry and Second Discipline **Environmental Chemistry** Materials Polymers Pre-Professional Chemistry Secondary Education

Geology Environmental Geology

Geology Geophysics

Physics

Physics

Undecided—Science and Engineering

Pre-Nursing Pre-Pharmacy

Mathematics

- **Actuarial Science** Computational Mathematics Math and Second Discipline Mathematical Statistics Mathematics
- Secondary Education

Microbiology

Astronomy Medical Physics Physics and Second Discipline Secondary Education

UNIVERSITY COLLEGE CENTER FOR FRESHMAN YEAR

Undecided—Arts and Humanities

Undecided—Social Sciences

UNIVERSITY COLLEGE CENTER FOR **ADVISING & COUNSELING**

Pre-Health Programs (non-degree)*

- Pre-Cardiopulmonary Science
- Pre-Dental Hygiene
- Pre-Dental Lab Technician
- Pre-Dentistry**
- Pre-Medical Technology
- Pre-Medicine**
- Pre-Occupational Therapy
- Pre-Physical Therapy
- Pre-Physician Assistant
- *LSU offers many academic programs that can lead to careers in the health care field. Visit Isu.edu/prehealth to see how LSU can get you there.
- **Advising for these programs is completed in the College of Science.
- This Fast Track program allows you to complete your undergraduate and graduate degrees in less time. See Isu.edu/majors for more information and a full list of available programs.





ACADEMIC PROGRAMS ABROAD

Encourage your student to broaden his or her worldview and experience other cultures by studying abroad. We have options for every major, on every continent.

They can take art classes in Ireland, business classes in China, or agriculture classes in Thailand through LSU's Office of Academic Programs Abroad.

The office offers three types of programs:

- National Student Exchange Study takes place at other universities in the continental U.S., as well as the U.S. Virgin Islands, Hawaii, Alaska, Puerto Rico, Guam, and Canada,
- International Exchanges Whether it's for a semester or a year, students can study at universities across the world.
- Summer Programs Designed by LSU faculty, with destinations all over the world, summer programs last from four to six weeks and allow students to earn six hours of credit in LSU courses.

The cost of study abroad programs vary, and TOPS and other types of financial aid usually apply.

Helpful tip: Students' sophomore and junior years of college are the ideal times for studying abroad. This is because they need 30 hours (approximately one year) of LSU credit to be eligible to study abroad and, in most cases, must spend their last 30 hours on LSU's campus.

ACADEMIC SUPPORT

Transitioning from high school to the rigor of college can be challenging for any student. College academics differ from high school academics in several important ways.

- a much briefer time frame. Students must learn how to study to get to these higher levels.
- becomes crucial for students' success.
- test is far apart. Students must learn new strategies on how to move information to long-term memory.

Below are a few resources to assist your student with the transition from high school to college:

CENTER FOR ACADEMIC SUCCESS

lsu.edu/cas

The Center for Academic Success (CAS) offers a wide variety of services to help students make the transition to college and maximize their learning potential. Services include tutoring, Supplemental Instruction, individual consultations, presentations, and workshops on topics such as test preparation, time management, note-taking, overcoming test anxiety, college reading strategies, and concept mapping.

What is Supplemental Instruction? It's a series of weekly, free study sessions offered for students enrolled in historically difficult courses. Students who attend three or more Supplemental Instruction sessions typically earn a 0.5 letter grade higher than students who do not attend.

Encourage your student to stop by B-31 Coates Hall or call 225-578-2872.

SHELL TUTORIAL CENTER

lsu.edu/tutoring

Our on-campus tutorial center offers free assistance with homework, test preparation, and study strategies in many subject areas. Free tutoring services are provided by trained peer tutors, and no appointment is necessary. Students can drop in to the center located at 141-B Middleton Library with their textbooks, notes, and assignments and tutors will be available to assist them. The center always offers tutoring in math and science 1000- and 2000-level courses.

· College academics go beyond basic memorization to applying, analyzing, and evaluating many new concepts and processes in

Class lectures may highlight subject concepts, but students are expected to spend a considerable amount of time outside of class studying additional sources (textbooks, etc.) and assessing their own level of material mastery. Time management

· Class testing tends to be more high stakes—there may be only two or three grading opportunities during the semester, and each

COMMUNICATION ACROSS THE CURRICULUM WRITING SUPPORT

cxc.lsu.edu

As the first program of its kind in the nation. Communication across the Curriculum (CxC) works with LSU faculty to advance the communication skills of all LSU undergraduate students. Through enhanced learning experiences inside and outside the classroom, CxC initiatives help students improve their written, spoken, visual, and technological communication skills. CxC's writing coaches help students with any kind of writing from essays and research papers to personal statements, application letters, and oral presentations.

LSU LIBRARIES

lib.lsu.edu

LSU Libraries includes Middleton Library and the adjacent Hill Memorial Library. Together, they contain more than four million volumes and provide additional resources such as expert staff, technology, services, electronic resources, and facilities that advance research, teaching, and learning across every discipline. Middleton Library is the main library and is the only 24-hour study location on campus, while Hill Memorial Library houses LSU's special collections. The library facilities include individual and group study areas, a graduate reading room, a math lab, the Shell Tutorial Center, computers, wireless access, and a coffee shop.

"Advise your student not to wait until junior year to come and talk to his or her professors. We want to meet them as soon as possible in order to provide support along the way."

GINESSE A. LISTI DIRECTOR, FACES LAB ASSISTANT RESEARCH PROFESSOR, ANTHROPOLOGY

CAREER PLANNING

The Olinde Career Center assists students and alumni throughout the career-planning process, from identifying a career choice to landing a first job or securing admission to graduate or professional school. Services are available to students as soon as they are admitted to the university. Visit **Isu.edu/careercenter** for more information.

Choosing or Changing a Major

LSU has 330 academic programs, which gives students plenty of options to customize their career path. Still, many students find the process of selecting a major or career stressful and overwhelming. With thousands of occupations out there, how do they select just one? Olinde Career Center counselors can help. They are available for one-on-one meetings to help guide your student through discovering and deciding on a career. They administer and interpret career assessments and host workshops centered on choosing a major.

If your student is undecided, we've got three tracks he or she can start out on at LSU: arts and humanities; science and engineering; or social sciences. If a student doesn't decide on a major to start, they'll still need to decide on one of these three paths toward a major. See pages 13-15 or visit **Isu.edu/majors** for a complete list of majors, minors, and concentrations, along with detailed information.

Four-year Career Plan

The Olinde Career Center can assist your student with a four-year career plan that includes awareness, exploration, experience, and job seeking (or application to a graduate or professional school).

Part-time Job Search

While they're in school, students can get work experience to build their employment portfolio and career network. Students can access job listings through Handshake, an online job portal that is maintained by the Olinde Career Center.

Events and Services

The Olinde Career Center hosts numerous events throughout the year to help students prepare for and participate in job searches. Some of these include: LSU Career Expos, the On-campus Interviewing Program, a Summer Jobs Fair, and the JCPenney Suit Up, a partnership through which students can purchase full professional attire at 70 percent off. Networking and career events are also held for specific majors and fields throughout the year.



HOW CAN YOU HELP YOUR STUDENT WITH CAREER DEVELOPMENT?

- Encourage your student to visit the Olinde Career Center.
- Advise your student to write a résumé.
- Allow your student to make the decision regarding a career path.
- Emphasize the importance of internships.
- Encourage extracurricular involvement to develop interpersonal and leadership skills.
- Teach the value of networking.
- Challenge your student to explore options and learn more about his or her field. Students can begin with career assessments at the Olinde Career Center.
- Persuade your student to stay up-to-date with current standards (check email regularly, practice professionalism, etc.).

"College is a time for students to learn and to experience new things; in the process, they are going to make some mistakes. The best thing you can do is to help them learn how to recover from their mistakes and encourage them to continue to reach for new heights."

BILL WISCHUSEN ASSISTANT PROFESSOR, BIOLOGICAL SCIENCES

AN LSU PROFESSOR'S KEYS TO SUCCESS

Associate Professor of Biological Sciences Bill Wischusen may split his research time between vertebrate ecology and science education, but through all of his years at LSU, he has always put students first. This is why he is one of the top professors at LSU and why he wanted to share with Tiger families a few keys to unlock your student's future success.

In your opinion, what, in addition to good study habits, factors into undergraduate student success?

Persistence would be number one, as well as being able to learn from one's mistakes. Students are going to make mistakes; how they respond is key to their success.

Do practices that lead to college success translate into the professional world, and, if so, how?

Yes, learning how to really absorb material, how to communicate complex ideas to others, and time management are all key practices that lead to success in college and in the professional world.

Some students don't always feel comfortable approaching their professors during office hours. What would you say to these students? What if students can't make it in to see a professor during office hours; are there other options?

First, students need to know that we expect them to have questions and we expect them to visit us, so they shouldn't feel uncomfortable. If they can't make it to the scheduled office hours, they should try to make an appointment for another time. There is also support through the Center for Academic Success, tutoring, and Supplemental Instruction.

With the availability of notes and syllabi online, what is the importance of students attending class in person during standard hours?

While it is true all the information presented in many classes is available in other forms, none of that information will provide the context or let students know the specific emphasis, which the instructor thinks is important. Students often think that the classroom is the place to provide information, but it's really the place to set the context and expectations for the material, as well as to emphasize specific information.





LIFE ON CAMPUS

LSU is a small community within the capital city of Baton Rouge. And like any community, we are dedicated to preserving a peaceful, safe, and healthy environment so the only thing your student has to worry about is studying for that next exam.

LIVING ON CAMPUS

LSU is committed to providing students with meaningful living-learning experiences as a means of supporting the quality of undergraduate programs and the first-year experience. After earning stripes in a residence hall as a first-year student, moving to an on-campus apartment is the next step for students. East Campus Apartments, West Campus Apartments, and Nicholson Gateway Apartments offer convenient, affordable, LSU-operated communities for sophomores and above. Visit **Isu.edu/reslife** to learn more.

First-year Housing Expectation: All LSU first-year, full-time students are expected to live on campus. Living on campus not only provides incredible academic benefits (increased GPA, retention, and graduation rates), but it also offers an immediate opportunity for Tigers to make new friends and build a community, which eases the transition between high school and college.

Once students are committed to LSU, they should register for on-campus housing or request an exemption to the housing expectation in their admission portal at lsu.edu/portal. Additional details are available at **lsu.edu/exemptions**.

Students who fail to comply with the housing expectation and/or who provide false or misleading information in connection with a request for exemption could be subject to the posting of the lowest published room rental charges for the term of enrollment to the student's account for each semester in which the student does not comply and/or subject to the student accountability process, which could include referral to the Dean of Students office.

If you need to cancel your housing registration after submitting it, the advance rent is refundable based on when you cancel your housing application. Cancellations are only accepted at **Isu.edu/cancelhousing**.

Room Assignments: Application status, roommate matching and information, and room assignment information is available in the housing portal in myLSU (myLSU > Student Services > On-Campus Housing).

ON-CAMPUS MAIL

All on-campus residents are assigned an LSU box on campus. The \$35 fee is added to their fee bill each semester. These boxes receive USPS mail, as well as packages from commercial carriers, such as FedEx and UPS. Students will receive a pick-up notification via email when packages arrive. **When sending mail to your student, please address it as follows:**

Student's Full Name LSU Box # 101 LSU Student Union Building Baton Rouge, LA 70803

Residential communities' front desks will accept deliveries from local businesses of fresh-cut flowers, cut-fruit bouquets, or cookie bouquets only. When sending perishables to your student please address it as follows:

Student's Full Name Room Number and Residence Hall Name Louisiana State University Baton Rouge, LA 70803

DINING ON CAMPUS

Bon appétit! If you or your student are looking for a great meal, LSU has an abundance of dining options that are sure to satisfy your taste buds.

Both LSU resident dining halls—The 5 and 459 Commons—are state-of-the-art, all-you-care-to-eat dining facilities. Students may dine at either location. The 5 and 459 Commons boast 10 culinary stations, each serving a unique menu with healthy options to create a varied and truly Louisiana-centric dining experience. The LSU Student Union, located near the center of campus, also has numerous eateries including Chick-fil-A, On-The-Geaux, CC's Coffee Shop, McDonald's, Smoothie King, Panda Express, and more.

Your student's meal plan (mandatory for first- and second-year students living on campus) may come with or without "dining dollars" called Paw Points. Students can use their Paw Points at all LSU food service locations on campus, including concessions for football, baseball, or basketball home games. Paw Points are also designed to give your Tiger maximum flexibility within each meal plan.

Visit **Isu.edu/dining** for a complete list of dining locations or to learn more about meal plans.





PARKING

Student vehicles are welcome on campus but require a valid parking permit, which can be obtained during the LSU registration process. Permits are required at all hours, day and night. LSU is also a bike-friendly campus; however, Baton Rouge city ordinance requires bicycles to be registered with the Baton Rouge Police Department. This registration costs \$5.

Visitor Parking: The Welcome Center is conveniently located at the corner of Highland Road and Dalrymple Drive and offers maps and directions for campus and the surrounding area. All vehicles, including visitor vehicles, are required to have a permit while parking on campus Monday–Friday. Visit Isu.edu/parking to learn more.

GETTING AROUND BATON ROUGE

For citywide transportation, transfers with the Capital Area Transit System (CATS) are free with a valid LSU ID card. Visit brcats.com to view CATS routes.

HOLIDAY SHUTTLES

LSU Student Government, Parking & Transportation Services, and the LSU Family Association sponsor a holiday shuttle program, which transports students to and from the New Orleans airport for the Thanksgiving and Winter Breaks. For more information, visit lsu.edu/holidayshuttle.

HEALTH & WELLNESS

Your student's health and well-being is our number one priority. Below are a few resources available to help keep them happy and healthy.

STUDENT HEALTH CENTER

The Student Health Center is composed of a Medical Clinic, Mental Health Service, and the Wellness Education Department. Full-time students pay student health fees, which provide them with unlimited visits to medical and mental health clinicians, health educators, and registered dietitians.

The LSU Student Health Center can assist your student with issues such as:

- Injury
- Illness
- Mental health issues
- Stress and anxiety

Visit Isu.edu/shc to learn more.



GETTING AROUND CAMPUS

One of the wonderful things about LSU's campus is that its core is closed to most vehicular traffic, making it a pedestrian-friendly and bike-friendly place for students. The LSU Tiger Trails Transit System provides a convenient and free bus service for LSU students, faculty, staff, and visitors. Plus, you don't have to wait outside in hot, cold, or rainy weather; you can track buses in real time by visiting **Isu.transloc.com** and/or by downloading the app for your smartphone.

After Hours and Weekends: LSU Campus Transit is a free, afterhours service that runs door-to-door, both on campus and in the surrounding areas. It runs nightly from 5 p.m. to 12 a.m. If your student needs a ride, he or she should call 225-578-5555 or request a pick-up via the TransLoc app.



LSU CARES

LSU Cares is an initiative led by the Office of the Dean of Students that is dedicated to the well-being of students and promotes a community that cares about each of its members. The LSU Office of the Dean of Students offers an online reporting system to help students, faculty, and staff submit concerns about:

- Potential violations of the LSU Code of Student Conduct
- Sexual misconduct and hazing
- · Acts of bias or discrimination
- Students in crisis or distress

Visit **Isu.edu/Isucares** for more information or to submit a report of concern.

FREQUENTLY ASKED QUESTIONS

Does my student need health insurance?

The Student Health Center (SHC) on campus offers quality medical care and is available to all registered students and their spouses. It is not necessary to have insurance to use the facility's services.

For full-time students, some services are also covered through the Student Health Fee, which is part of their full-time tuition and fees. Part-time students and non-student spouses can opt to pay the fee, which covers unlimited routine visits to clinicians in the Medical Clinic, the Women's Clinic or the Specialty Clinics; appointments with a counselor in Mental Health Service; and services, including nutrition counseling in the Office of Wellness & Health Promotion.

If a student sees the doctor, how do they pay?



The Student Health Center accepts cash, checks (with appropriate identification), and most major credit cards. Students are not required to pay at the time of service. All unpaid charges are automatically transferred to their fee bill and can be viewed on myLSU.

How do I know if you take insurance for my student?

Your student should present his or her health insurance card at the sign-in desk or cashier desk so it can be saved to their record. At that point, all charged services, such as lab work and x-rays, will be automatically filed with their plan.

Please note that the SHC is currently considered "out-of-network" for all off-campus private insurance companies and claims are filed as a courtesy. We cannot guarantee that your health plan will cover SHC charges.

STUDENT LIFE

We provide the resources your student needs to become part of the LSU community and to thrive within it, giving them a rich college experience both in and out of the classroom.

STUDENT ORGANIZATIONS

There are more than 500 student organizations and clubs at LSU, so your student is bound to find his or her niche to network with peers who have similar interests.

- Tiger Link an online database that helps students find clubs and organizations with which to get involved and allows them to track their involvement
- Student Involvement Fair once a semester, members of various LSU student organizations and Baton Rouge community agencies share how students can engage in what they do, while enhancing their involvement résumé

STUDENTS AFFAIRS

LSU provides a wide variety of opportunities for students to get involved, utilize resources, and make a positive difference in the community. Staff members within the Division of Student Affairs are committed to facilitating diverse experiences that lead to student success. Visit Isu.edu/studentaffairs to learn more. Areas include:

- Campus Life enhances student learning by providing opportunities for innovative leadership, service, and involvement that enrich the LSU experience
- Disability Services assists students if they have a permanent or temporary disability and require special accommodations. Services include coordination of in-class accommodations, including note takers and sign-language interpreter services, and liaison and referral to on- and off-campus resources, services, agencies, and more
- Greek Life supports and facilitates opportunities and experiences within the Greek community for students to discover, engage, and learn while fostering an environment for peer accountability based on fraternal values
- Student Advocacy & Accountability supports student success and personal development as members of the LSU community by promoting academic integrity and appropriate standards of conduct through the Code of Student Conduct
- William A. Brookshire Military & Veterans Student Center eases the transition to college for veterans by helping them achieve personal and professional goals, explore new learning experiences, and get involved on campus
- Transfer Student Programs offers programming and events specifically geared toward incoming transfer students, so that they may meet other transfer students, network with faculty, and learn about LSU resources
- Student Health Center provides, promotes, and supports services that integrate individual health, education for health, prevention of disease, clinical treatment for illness, and public health responsibilities consistent with the educational mission of the university
- University Recreation provides exceptional recreation facilities and programs that inspire, educate, and empower students and the university community to cultivate active lives
- Olinde Career Center assists students and alumni in choosing careers, obtaining career-related work experiences, developing job search skills, and securing employment or admission to graduate or professional school
- Parent & Family Programs is dedicated to helping families transition to the university and offering opportunities for families to more closely partner with us throughout their student's experience
- Residential Life provides dynamic student-focused learning communities that support development and academic success in clean, safe, and sustainable facilities that meet the needs of the campus community



RETENTION & STUDENT SUCCESS

The Office of Retention & Student Success was created specifically to provide support that equips your student with resources, guidance, and connections that help facilitate their successful transition to LSU, ultimately leading to graduation. If your student has a question and doesn't know where to turn, contact us and we will help.

OFFICE OF DIVERSITY

The Office of Diversity is committed to fostering inclusive educational opportunities and an equitable workforce environment at LSU. Visit Isu.edu/diversity to learn more. Areas include:

- concerns related to women
- about African American culture, heritage, and traditions

LSU FOOD PANTRY

Campus Life operates the Food Pantry, in Room 108 of the LSU Student Union, which provides supplemental food to students in need who may experience hunger or food insecurity. Food insecurity is a prevalent, but mostly unaddressed, issue on college campuses nationwide, including at LSU. Some students may experience situational hunger or food insecurity while others may demonstrate chronic hunger or insecurity and need for continued support. Regardless of the circumstance, no student should have to choose between food and other basic needs. The Food Pantry exists to help ease that choice and provide support.

LSU CODE OF CONDUCT

All students are bound by the LSU Code of Student Conduct, Bylaws and Regulations of the Board of Supervisors, University Policy Statements, and Permanent Memoranda. Any student found in violation of the these policies may be held accountable and be subject to the accountability process outlined in the Code of Conduct, which can be found at Isu.edu/saa

• Office of Multicultural Affairs - promotes a supportive and friendly environment that is welcoming and attractive to all persons regardless of race, ethnicity, nationality, socioeconomic status, gender identity, sexual orientation, or disability status

• Women's Center - promotes the advancement of women's issues and gender equality through its services, advocacy efforts, and educational programs and also provides support, referral, and information to students, faculty, and staff on issues and

 Clarence L. Barney Jr. African American Cultural Center — implements educational, cultural, and social activities that acknowledge and address the needs of African American students at LSU and also provides a venue for all students to learn





EMERGENCY **AND SAFETY**

LSUPD

The LSU Police Department provides uniform patrol, motorcycle and bicycle patrols, K-9 officers, investigators, and other support services. The police department consists of full-time officers commissioned with statewide authority. LSU officers work closely with the Baton Rouge Fire Department and East Baton Rouge EMS, who provide fire and emergency medical services to LSU.

LSU SHIELD

The LSU Shield mobile safety and security app provides a variety of safety resources for students, staff, faculty, and visitors. Visit Isupd.com for more information about the LSU Police Department, LSU Shield app, crime statistics, safety tips, crime prevention programs, and personal safety.

EMERGENCY TEXT MESSAGING

The LSU Emergency Text Messaging System provides alerts to students in the event of an emergency on campus. Students should register for the service through their myLSU accounts. Only members of the LSU community are eligible to receive these emergency texts in order to maintain the fastest delivery time for over 30,000 students, faculty, and staff. When an emergency text is sent out, the LSU website is also updated with a red border stating the same message as the text. Parents and families are encouraged to visit Isu.edu or follow LSU's official Facebook and Twitter accounts to stay informed in emergency situations. Visit Isu.edu/eoc for more information.

EMERGENCY CONTACTS

In case of emergency **LSU Police Department Baton Rouge Police Department LSU Student Health Center**

Baton Rouge General Hospital (Bluebonnet Blvd.) Main number Emergency room

Our Lady Of The Lake Regional Medical Center (Essen Ln.) Main number Emergency room

Lake After Hours (Lee Dr.)

Baton Rouge Clinic Urgent Care (Perkins Rd.)

Express Care Urgent Care Clinic (Nicholson Gateway) 225-831-4030



225-763-4000 225-763-4400

225-765-6565
225-765-8826

225-302-5757

225-246-9997

MONEY MATTERS

Let's face it. Money can be a major stressor for students and families alike. Fortunately, your student is a Tiger. According to payscale.com, LSU is the best value in Louisiana, and Forbes ranks us one of the best value universities in the country.

UNDERSTANDING COSTS

In order to determine an estimated cost of attendance, families and students will need to consider tuition and fees, as well as costs for housing, meal plans, and books. General information on cost of attendance is available at Isu.edu/financialaid/cost. From there, click on "Net Price Calculator" or "Undergraduate" to learn more.

APPLYING FOR AID

LSU students are encouraged to complete the free application for federal student aid (FAFSA) found at fafsa.ed.gov. This will ensure continued eligibility for any existing financial aid awards. Current students may also apply for scholarships through their myLSU account. Students can also reach out to their senior college for additional scholarship opportunities. Visit Isu.edu/financialaid for more information.

PAYING YOUR STUDENT'S FEE BILL

The Office of Bursar Operations creates an electronic fee bill for each student accessible through myLSU.

What does the fee bill include?

Tuition, nonresident fees, and campus fees are standard. Other charges such as housing, meal plans, parking, etc., will vary with your student. The General Catalog offers a complete overview of fees and expenses with descriptions. The Office of Budget & Planning also maintains a list of fee schedules at Isu.edu/bgtplan

When are fee bills sent?

The Bursar's Office will notify students via email each semester when fee bills are available on myLSU. All fees and other university charges are due by the date indicated.

How does LSU accept payment?

Payments may be made online via your student's myLSU account (or via your myProxy account) with a check or credit card. You may also make payments in person at the Bursar's Office. The university also offers a deferred payment plan as a payment option. Eligible students are allowed to defer up to one-half (1/2) of their current semester charges. Payment of one-half (1/2) of current semester charges plus any account balance must be received by the due date.

All students must click the "Complete Registration" button, even if they have a \$0 balance.

If you have questions about any of your student's payment options, including deferred payments, email bursar@lsu.edu.



FINANCIAL AID COUNSELING



SPRING INVITATIONAL CHECK IN

FAMILY WEEKEND



MAKING THE TRANSITION

askina:

WHAT DOES FERPA MEAN FOR YOU?

FOR QUESTIONS ABOUT FERPA, CONTACT:

225-578-1686 registrar@lsu.edu

Now that your child is in college, your role has begun to change. You'll still be your student's biggest cheerleader (and, hey, we'll be cheering too), but you'll also be faced with their new level of independence. Here are some questions you may find yourself

WHAT IS FERPA?

The Family Educational Rights and Privacy Act of 1974 (also known as the Buckley Amendment) is a federal law that helps protect the privacy of student education records. The act provides students the right to inspect and review education records, the right to seek to amend those records, and the right to limit disclosure of information from the records. The intent of the legislation is to protect the rights of students and to ensure the privacy and accuracy of education records. The act applies to all institutions that are recipients of federal aid administered by the Department of Education.

We realize it's an adjustment; however, under FERPA, parents or guardians have no inherent right to access or inspect their son's or daughter's educational records, regardless of age, unless granted in writing by the student or the student is a dependent as defined by the IRS. The right of access is limited solely to the student.

Final grades, grades on exams, and other information about academic progress are examples of the confidential information that make up part of a student's educational record.

Office of the University Registrar Louisiana State University Room 112, Thomas Boyd Hall Baton Rouge, LA 70803

Helpful tip: See the Tiger Terminology section on page 8 for information on setting up a myProxy account to view your student's fee bills and/or grades.



WHAT CAN I DO TO HELP MY STUDENT BE SUCCESSFUL AT LSU?

- Check in. You may think that no news is good news, but that may not be the case with your student. Checking in with them to see how they are doing will open the lines of communication to help them get the help they need. Ask open-ended questions about your Tiger's semester, classes, and professors.
- Praise. Celebrating small achievements can go a long way and help your Tiger push through to bigger accomplishments.
- Encourage. Encouragement goes a long way with students who are navigating new terrain or facing obstacles. Your role is as important as professors, academic advisors, and educational mentors, and your student may need you to regularly help them work through their challenges.
- Support. In addition to being your student's champion, you are probably their support as well. Providing comfort and support when students meet the challenges of college life can be extremely powerful. And we can help. If your student is experiencing trouble in their academics, encourage them to visit us or speak with their academic counselor.

Offer the following tips to your Tiger:

- Visit professors during office hours.
- Use the Center for Academic Success resources early and often, such as Supplemental Instruction, tutoring, and academic coaching.
- · Plan study time and limit interruptions by avoiding cellphones and errands during this period.
- Use only positive self-talk to avoid undue pressure.
- · Sleep, exercise, and eat healthy foods.
- · Practice deep breathing to reduce stress and clear the mind.
- Encourage them to check out other academic and support resources listed in this brochure.

BOOKS FOR FAMILIES OF COLLEGE-BOUND STUDENTS

"Out to Sea: A Parents' Survival Guide to the Freshman Voyage" by Kelly Radi

"The Naked Roommate: For Parents Only - A Parent's Guide to the New College Experience" by Harlan Cohen

"Letting Go: A Parent's Guide to Understanding the College Years" by Karen Coburn and Madge Treeger

FAMILIES

As the parent or family member of an incoming student, the thought of sending your young adult off to college can be daunting. So to make sure you know what to expect during your student's first year at LSU, we've compiled a list of dos and don'ts for you.

DO

Discuss scholarship retention

Sometimes students take scholarships and TOPS for granted. The reality is that TOPS and every scholarship have retention requirements that must be met each year or semester. It is imperative that your son or daughter know what GPA they must maintain to keep a scholarship or TOPS and what the consequence will be if they do not meet that requirement.

Expect a change in your relationship (for the better!)

Your teenager is now becoming a young adult, and it is very likely they will begin to seek out your opinion.

Discuss responsible money management

It is very important for you to discuss responsible money management with your son or daughter. They should understand the benefits of saving and why this should start during their college years.

DON'T

Encourage too many visits home

As much as it will hurt to not see your son or daughter every day, the more time they spend at LSU, the better. Whether they're studying, working, making new friends, volunteering, or being involved in an organization, they're beginning to fit in to the LSU community.

Expect everything to go as planned

No matter how much planning or discussing you do, there are some things that are inevitable. Dropping a class, getting towed, or losing a cellphone, for example, can generally be avoided, but sometimes they happen. Don't worry! Making a mistake like this as a freshman will help your son or daughter learn a very valuable lesson on their own. It's part of the college learning experience as students transition into adulthood.

Call an RA or email a professor

When your teen was in high school, it was perfectly okay for you to call their teacher or their friend's parent when they got into trouble. But this is college now, and your student needs to learn to take care of things for himself or herself. No matter how bad a situation may be, it will do your child a world of good if you force them to take care of it on their own.

Cry over a failed test

Let's face it. High school and college are not the same. Even if your child was a star student in high school, it is possible they will fail a test or two in their first year at LSU. Once again, don't worry! There are so many resources on campus for students, such as the Center for Academic Success (CAS). Not only are there private consultations to assess your child's specific learning style, but they can participate in learning workshops both online and in person, Supplemental Instruction for an array of courses, and get tips for starting an effective study group. The Center for Academic Success isn't just for students who struggle, though. Any student looking to improve their GPA and study skills should utilize CAS's resources.





Pictured: Gregory Howard, Family Council Chair, and his daughter Brianna Howard from Chelmsford, Massachusetts

CONGRATULATIONS!

We're excited to have you.

The precious years we spend teaching our children to learn, grow, and challenge themselves is culminating in their decision to come to LSU.

With this life transition, our roles as parents/guardians also change, encouraging our students to become more independent and to understand what being young adults is all about! Our role now is to support them in new ways and convey a sense of confidence in their ability to achieve and succeed.

Some opportunities LSU provides to families to stay engaged are the LSU Family Association and the LSU Family Council. As members of the association and council, we regularly connect with other families, interact with faculty and staff, and discover what makes being a Tiger so special. Council members have the unique opportunity to award scholarships, assist students in crisis with emergency funds, and provide valuable voices to the leadership on campus, plus much more. This experience has been invaluable to us so far, and we would encourage each of you to consider joining us.

Our students are proud to wear their purple and gold, and we, of course, are so proud of them. We are all family now, so let's hear a big GEAUX TIGERS!

GREGORY HOWARD LSU FAMILY COUNCIL CHAIR

THE LSU COMMUNITY

PARENT & FAMILY PROGRAMS

Mission

To provide communication and programming to educate and engage LSU families in order to enhance student learning, development, and success, while partnering with families to foster lasting relationships with the university

Goals

- Communicate regularly in order to develop a critical parent-university partnership.
- · Provide information and the necessary tools to help parents/families become productive supporters of their student's success.
- Encourage parental involvement throughout a student's time at LSU.
- Create opportunities for parents to develop connections with other families.
- Enable parents and families to connect and develop relationships with the university.
- Educate parents and families on their new role in their college student's life.

Stay Informed

Sign up for the LSU Family newsletter at Isu.edu/family. Just click on "Communications" to sign up.

• Follow us on social media:

Facebook: facebook.com/LSUFamily

Twitter: @LSUFamily

Instagram: @lsu_family

QUESTIONS OR FEEDBACK? LET'S TALK.

LSU Parent & Family Programs

<u>225-578-1173</u>

lsufamily@lsu.edu



GET INVOLVED

FAMILY ASSOCIATION

The Family Association provides access and support through knowledgeable staff, current university information, and special involvement opportunities that allow members to stay connected to LSU.

Join the Family Association at Isu.edu/join to take advantage of these exciting benefits:

- Priority registration and a VIP Experience for LSU Family Weekend
- Invitations to LSU Family Association social events
- · Access to scholarships available exclusively to students of Family Association members
- Exclusive Family Association annual meeting with LSU Leadership
- · Access to a network of professional staff and student liaisons to support and assist your family with all things LSU
- Membership card, LSU Family Association bag, and other LSU souvenirs
- Special discounts and offers from the following campus vendors with your Family Association membership card:
 - LSU Bookstore save 10 percent on merchandise including clothing, memorabilia, and residential hall room supplies
 - Lod Cook Hotel save 10 percent off best available rate offerings (subject to availability and blackout dates)

FAMILY COUNCIL

Families are invited to take a more active role within the Family Association by joining the Family Council. The council meets twice a year and has conference calls throughout the year to plan new initiatives to support students and families. They also assist the Family Association by volunteering for orientation, selecting our Family Association Scholarship recipients, and serving on our Student Life Emergency Support Fund Committee.



FAMILY ENGAGEMENT EVENTS

You are part of the LSU community too! We would love to have you at our various events throughout the year, including:

Family Weekend

Join your student on campus for a weekend of activities, programs, and the chance to see the LSU Tigers play under the lights of Tiger Stadium. Family Weekend gives you an opportunity to gain a better understanding of your student's college experiences, to connect with other LSU families and LSU administration, and to enjoy the energy of campus on game day.

Spring Family Fling

Each spring, all LSU Family Association members are invited to campus for our annual Spring Family Fling to enjoy a weekend of LSU athletic events and to experience Louisiana culture and cuisine while mingling with other LSU families. Laissez le bon temps rouler!

NOW THAT MY STUDENT IS A TIGER...

BY: PEGGY FRAZIER | LSU MOM

The most exciting part of any college acceptance is realizing that your student will be starting adulthood with the tools needed to succeed. But let's face it, finding out that he/she will be a TIGER goes above and beyond that. It means they will be part of a community, part of a family. From the food and music to the activities and weather, they will be immersed in a culture unique to LSU.

By choosing LSU, your student has already shown his/her ability to make wise decisions (wink, wink). But it doesn't stop there. Here are a few tips, from personal experience, to help you navigate the year ahead.

Move-in Day

Move-in day is an experience all its own. You will be pleasantly surprised at how many people volunteer to help out. There will be football players, student ambassadors, resident advisors, and off-campus neighbors. There will be carts available, but they are limited, so if you have a hand truck/dolly, bring it. A few tools are also helpful. We didn't think about bringing tools but were able to borrow a rubber mallet and a few other items to raise the bed off the floor.

Don't overpack! There are plenty of stores around campus, so it is not necessary to pack a semester's worth of toiletries. And while they may envision themselves as "dressing to impress," it won't be long before they are settled into a routine of sleeping until the last minute, throwing a cap on over their unwashed hair, grabbing the nearest t-shirt and shorts, and running out the door. Sorry moms, but it's a fact.

Saying goodbye at the end of Move-in Day

This is the hard part. Many parents like to brag that they are just glad to get their student out of the house. But the reality is that there are few dry eyes in the building when it's time to say goodbye. Don't expect your student to show how hard this day is for him/her or to show how anxious they may really be. It took three years for my son to admit how hard it was.

Transition from high school to college academics

Our Tiger was an honors student in high school, so we just naively believed that the transition would be a breeze. However, that was not the case. First of all, because he made excellent grades without studying, he never really learned how to study. He was also in an environment where attendance was not required, and "mom" didn't know his professors or have access to his homework/test schedule. There was a learning curve while he figured out what kind of studying worked best for him and how to prioritize his free time. Fortunately, LSU has resources in place for this like the Center for Academic Success (see page 17).

The first year...

Thankfully, LSU has many opportunities for parents to get involved on campus. So while you are watching the helicopter parents around you and proudly bragging how you are not that parent, you can hover all you want under the guise of "volunteering." Join the Family Association, contact Parent & Family Programs to find out where they need help, and consider joining the Family Council. We've personally done all three and have met so many wonderful people. What started out as a way to spend more time with our Tiger turned into something so much more rewarding, and we truly are a part of the Tiger family!





CONTACTS/ DEPARTMENTAL DIRECTORY



LSU General Information Isu.edu/a-z	<u>225-578-3202</u>
Center for Freshman Year Isu.edu/ucfy	<u>225-578-6822</u>
Center for Advising & Counseling Isu.edu/ucac	<u>225-578-8281</u>
Senior Colleges	
Agriculture, College of	225-578-2065
Art & Design, College of	225-578-5400
Business, E. J. Ourso College of	225-578-3211
Coast & the Environment, College of the	225-578-6316
Engineering, College of	225-578-5731
Human Sciences & Education, College of	225-578-2331
Humanities & Social Sciences, College of	225-578-3141
Mass Communication, Manship School of	225-578-2336
Music & Dramatic Arts, College of	225-578-9291
Science, College of	225-578-4200

Administrative Departments	
Bursar's Office	225-578-3357
Enrollment Management, Office of Financial Aid & Scholarship	<u>225-578-3103</u>
Enrollment Management, Office of Undergraduate Admissions	<u>225-578-1175</u>
International Services	225-578-3191
Testing & Evaluation Services Office of (Placement Testing)	225-578-1145
University Registrar, Office of the	225-578-1686
Health, Safety & Wellness	
Health Center (Student)	225-578-6271
Lighthouse Program (formerly the Sexual Assault Victim Advocacy	225-578-5718 /)
Mental Health Services	225-578-8774
Parking & Transportation Services, Office of	225-578-5000
Police Department, LSU	225-578-3231
University Recreation	225-578-8371
Wellness and Health Promotion	225-578-5718

Campus I	Resources
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Academic Programs Abroad	225-578-6801	Mailing Services (The UPS Store)	225-578-6756
Academic Success, Center for	225-578-2872	Multicultural Affairs	225-578-4339
Athletic Ticket Office	225-578-2184	Roger Hadfield Ogden Honors College	<u>225-578-8831</u>
Barnes & Noble at LSU (Bookstore)	225-578-5137	Olinde Career Center, LSU	225-578-2162
Campus Life	225-578-5160	Online Distance Learning	225-578-2500
Dean of Students, Office of	225-578-9442	Residential Colleges Program Office	225-578-7172
Dining, LSU	225-578-6642	Residential Life (On-campus Housing)	225-578-8663
Disability Services	225-578-5919	Retention & Student Success	225-578-1175
Greek Life	225-578-2171	ROTC, Air Force	225-578-4407
Identification Cards (Tiger Card Office)	225-578-4300	(Department of Aerospace Studies)	
Information Technology Services	225-578-3375	ROTC, Army (Department of Military Science) <u>225-578-2371</u>
(Tech Support)		ROTC, Navy (Southern University)	225-771-3646
International Cultural Center	225-342-3084	Student Advocacy & Accountability	225-578-4307
Lost and Found	225-578-5141	Student Financial Management Center	225-578-1586
(Information Desk, LSU Student Union)		Student Government	225-578-8727
LSU Libraries	225-578-5652	Student Support Services	225-578-2873

WHAT'S NEXT?

IMPORTANT DATES

Move-in Day for First-year Students

lsu.edu/moveinday

• Saturday, August 15, 2020

Welcome Week

Isu.edu/retention

• August 15-23, 2020

Greek Recruitment Dates

lsu.edu/greeks

- Sorority (PHC) and Fraternity (IFC) Convocation: August 16
- Sorority (PHC) Recruitment: August 17-23
- Fraternity (IFC) Pre-Recruitment Education & Recruitment: August 17-23

First Day of Fall Semester

lsu.edu/registrar

• Monday, August 24, 2020

Family Weekend

lsu.edu/familyweekend

• October 23-25, 2020

Visit Isu.edu/academiccalendar to keep up with important academic dates and deadlines throughout the year.

✓ AFTER ORIENTATION CHECKLIST FOR **YOUR STUDENT Download the Navigate Student mobile app** Apple Store or Google Play **Confirm your class schedule** View your new class schedule. If you have questions or would like to make changes you can make an appointment with your academic advisor through the Navigate Student mobile app **Submit Immunization records** https://shc-web.lsu.edu Complete the MyStudentBody (MSB) Essentials Course lsu.edu/mystudentbody **Submit final high school and/or dual enrollment transcripts to the** LSU Admission Office **Complete the registration process when fee bills are released on July 15th** my.lsu.edu under "Registration Services" Attend Welcome Week August 15-23 ✓ AFTER ORIENTATION CHECKLIST FOR YOU Bookmark the Parent Resources Page Bookmark Isu.edu/family/parentresources as a comprehensive guide for parents. Create a myProxy Account MyProxy will allow you to have access to view/pay your student's fees, select additional services, see final grades and class schedules, and more. Visit Isu.edu/grok and type "myProxy" in the search field for more information.

Have the Important Conversations

Discuss your expectations and encourage responsibility in the personal choices your student will be making. Students should read the LSU Code of Conduct at Isu.edu/saa

Make Plans to Attend Family Weekend

Visit Isu.edu/familyweekend for more information.







Parent & Family Programs

225-578-1173

lsufamily@lsu.edu lsu.edu/family

LSU IS AN EQUAL OPPORTUNITY/ACCESS UNIVERSITY

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